Study Social Circus: Inclusion and Creative Expression in Montreal’s Cirque Hors Piste

Jennifer Spiegel, PhD
Research Fellow, Concordia University
The State of Social Circus Research

- Social Circus as paradigm of Youth Intervention
- Social Circus as social integration strategy (eg. employability skills and other social skills)
- Wellness and Social Circus
- Social Circus and Cultural Identity
“Alice”
Preliminary Survey Results: Effect on Personal Development

- Express ideas
- Opinion matters
- Think problems through
- Comfort zone
- Feel judgemental
- Failure
- Different people
- Project through
- Self-confident
- Proud
- Creative expression
- Help others
- In control

Before: [Bars]
After: [Bars]
Effect on ‘Social Inclusion’
Social Engagement

Future involvement with SC
Participate in activism
Participate in art
Participate in organizing circus

Social Engagement Before
Social Engagement After
Beyond Numbers
Cirque Hors Piste
Arts-Based Research & Performative Inquiry